

CHANDLER MOWAT COMMUNITY CENTRE

222 CHANDLER DRIVE, KITCHENER, ON N2E 1H2

WWW.KITCHENER.CA/CHANDLERMOWAT

SPRING 2019

The community cake



CENTRE HOURS

Monday	9:00am – 8:30pm
Tuesday	9:00am – 8:30pm
Wednesday	9:00am – 8:30pm
Thursday	9:00am – 8:30pm
Friday	9:00am – 9:00pm
Saturday	12:00pm – 3:00pm
Sunday	Closed

HOLIDAY CLOSURES

Good Friday— April 19, 2019

Victoria Day—May 20, 2019

NORTH

North Six Neighbourhood Association





**ONLINE REGISTRATION IS EASY!
USE YOUR COMPUTER, TABLET, OR PHONE
AND FOLLOW THESE STEPS**

1. Go to www.kitchener.ca/activenet

2. Click on

3. Find the program you wish to register for by entering the program number or searching for the course with a keyword (* Or by location, day, category or age)

4. Click on the course name that you have located and then click

5. You will be prompted to login to your account and asked for your password.

If you do not have an account, click on “Create New Account”. You will receive an email asking to create a new password. Once this is created, you can login and register by following the simple steps outlined!

Program Information

- ⇒ All programs are held at CMCC, unless otherwise stated
- ⇒ Parents or guardians must register for children under 18
- ⇒ Programs have limited space and are offered on a first-come, first-serve basis
- ⇒ Programs are proposed and changes may need to be made after publication
- ⇒ Chandler Mowat Community Centre and North Six Neighbourhood Association reserve the right to cancel programs with low enrolment
- ⇒ Parents need to accompany their children 9 yrs and younger.

New Program Ideas

Would you like to see a program at the centre that we currently do not offer? Do you have a talent or skill that you would like to share with others as an instructor?

We are always looking to improve the services and programs we offer to meet the needs of the community. Please feel free to notify us of any events, activities or programs you would like to see offered.

Connect with us: 519-741-2733 / chandlermowatcc@kitchener.ca



I'm truly humbled and honoured to have had the opportunity to continue serving you. Thank you for allowing me to carry on being your voice at Kitchener City Hall. Together over the past term, we have accomplished a lot. We built stronger neighbourhood associations, kept taxes within the rate of inflation and strengthened our economy.

Though we have much to be proud of, I believe we can do more and build an even stronger Kitchener. With innovative ideas and hard work, we can continue to foster an environment that promotes strategic and sustainable growth that creates jobs and enhances our quality of life. Helping to make Kitchener a prime example of economic vitality. I will maintain my efforts to provide strong, sensible economic development opportunities for Kitchener residents.

Going forward, my focus will continue to remain on the improvement of city services, advocating for sustainable utility fee increases and helping to ensure an environment that creates good paying jobs. I am proud to have supported and advocated for accountability, fiscal responsibility and greater efficiencies at city hall and will continue to do so.

I have enjoyed encouraging and supporting changes that have enhanced the quality of our neighborhoods and will maintain this same effort during this new term of council. Together we will ensure your concerns and the needs of our community remain a primary focus, while making our neighbourhoods, and our city an even better place to live, work and play.

Feel free to contact paul.singh@kitchener.ca or call me at 519-741-2793.

Sincerely,

Councillor Paul Singh – Ward 6

“Spring is when you feel like whistling even with a shoe full of slush.” -- Doug Larson

The power of positivity can change the world, and the N6NA wants to make a small change that can spark a movement of improvement!

The North Six Neighbourhood Association, was awarded a grant from the City of Kitchener to help transform the walkway between Ottawa Street and Chandler Drive, and the plan is to create a positive uplifting space that can inspire everyone as they travel through.

In late fall the city installed a chalkboard at the Chandler entrance to the path which allows passers-by the opportunity to share something inspiring on the board. If there's a question or statement at the top - leave a response. Talk about a recent success you've had, share your hopes and dreams for the future, erase something negative if you see it - replace it with words of love for your neighbours. Embrace the chalkboard as a reflection of the community spirit and use it to pump up the volume.

The chalkboard is the first of a few projects that we hope to bring to that space. Check in with the Chandler Mowat Community Centre or email us at NorthSixNA@gmail.com if you want to know what's happening right now!

As always, the N6NA is looking for volunteers, so if you want to help – a little or a lot, get in touch. The power of community begins with the individual!



Emily Pike
President, North Six Neighborhood Association

“I am of the opinion that my life belongs to the whole community and as long as I live, it is my privilege to do for it whatever I can.” – George Bernard Shaw

Volunteer Information

Looking to volunteer for upcoming programs or events? Interested in building your Neighborhood Association? Contact us for more information. We would love to hear from you. Email us at northsixna@gmail.com to connect.



Preschool Programs

PROGRAM	AGE	COST	DAY & TIME	START/END	COURSE CODE
<p><u>DROP-IN AND PLAY</u></p> <p>Join other children and families in play exploration with Early Years Centre. An Early Learning professional is available to provide support and information around early learning topics, community resources, programs and referrals.</p>	0-6	No Charge	Tues 9:00-11:00am	Apr 2 to June 18	Registration Not Required


Prenatal Programs

PROGRAM	AGE	COST/ WEEKS	DAY & TIME	START/END	COURSE CODE
<p><u>PRENATAL CLASSES</u></p> <p>The Growing Healthy Together program is for pregnant women needing support. Learn about having a healthy pregnancy, including healthy eating tips, and meet other women to share questions and concerns about pregnancy. This program is provided in partnership with Carizon Family and Community Services.</p>	Expectant Mothers	No Charge	Tues 1:00—2:30pm	Apr 2 to June 25	Register at session with Carizon

Children's Programs


PROGRAM	AGE	COST	DAY & TIME	START/END	COURSE CODE
<p><u>KIDS INDOOR SOCCER</u></p> <p>Learn basic soccer skills through games and drills in a fun environment. No previous experience necessary. Intermediate skills can be developed for those with some experience.</p> <div style="text-align: center;">   </div>	5-8	\$40.00	Saturday 12:00-1:00pm 50% Discount if you have an LAC card	Apr 6 to June 15	31171
	9-12	\$40.00	Saturday 1:15-2:15pm 50% Discount if you have an LAC card	Apr 6 to June 15	31172

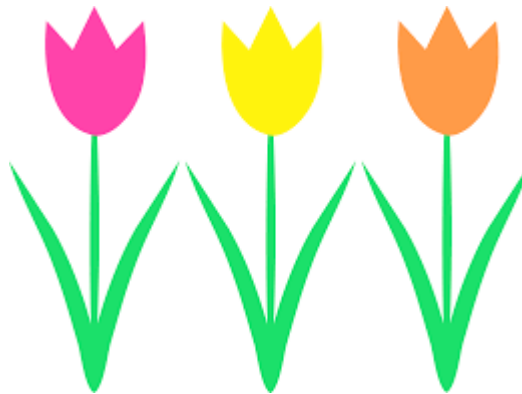
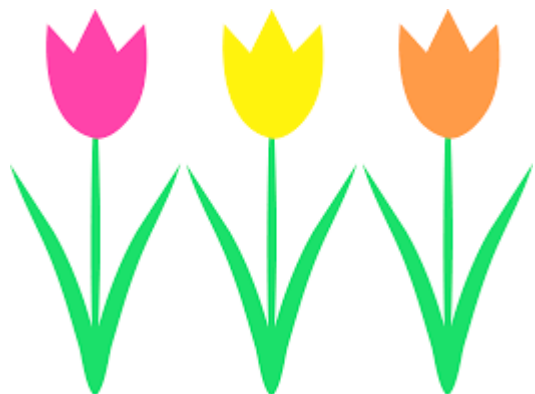
Children's Programs

PROGRAM	AGE	COST	DAY & TIME	START/END	COURSE CODE
<u>FUNKY FORENSICS</u> Become a sleuth. Learn detective skills such as fingerprinting, shoe printing, deciphering coded messages, and so much more in this hands on interactive science class. 	6-8	\$45.00	Mon 5:00-6:00pm (no program April 22 & May 20)	April 1 to June 17	31169
	9-13	\$45.00	Mon 6:15-7:15pm (no program April 22 & May 20)	April 1 to June 17	31170
<u>KIDS ART CONNECTS</u> Children will use fun arts activities to explore themes like positive relationships, confidence, and self-expression. This program is offered in partnership with Arts4All.	Grades 3-7	No Charge Subsi- dized program	Wed 5:30 – 7:00pm	Apr 3 to May 22	Register with House of Friendship
<u>KIDS COOK CREW</u> Kids grades 3-7 can grow their cooking skills while having fun preparing and enjoying a meal together. Program provided by House of Friendship.	Grades 3-7	No Charge Subsi- dized program	Fri 4:00 – 5:30pm (no program April 19)	Apr 12 to June 7	Register with House of Friendship
<u>CHANDLER YOUTH CREW (CYC)</u> CYC is a free and fun place to play after school. Participants play a variety of games in a safe environment while hanging out with friends and meeting new ones. Participants will learn new games and play their favorites! This is a City run program.	8-11	No Charge Subsi- dized program	Mon/Wed/Fri 4:00-5:30pm (no program on school holidays)	April 1 To June 28	Permission form required
<u>HOMEWORK SUPPORT</u> Kids are offered homework support in a group setting. Program provided by House of Friendship.	Grades 1-8	No Charge Subsi- dized program	Tues 6:00– 7:30pm (No program March 12)	April 9 to June 4	Register with House of Friendship

"The way to change the world is through individual responsibility and taking a vocal action in your community." – Jeff Bridges



Youth, Teen and Adult Programs

PROGRAM	AGE	COST	DAY & TIME	START/END	COURSE CODE
<p><u>YOUTH DROP-IN (YDI)</u></p> <p>Join us for games, sports, music, movies, cooking, crafts and event theme nights!</p>	12-17	No Charge	Fri 6:30-9:00pm	Starting Apr 5	Registration Form Required at Program
<p><u>PATHWAYS TO EDUCATION</u></p> <p>Pathways to Education is a fully funded program for high school youth provided through Carizon Family and Community Services. They work with youth in grades 9 -12 in the Chandler Mowat Community and provide various Academic, Financial, Social, and Advocacy supports which are aimed at reducing barriers for high school youth.</p>	Grades 9-12	No Charge	Thurs 4:00-8:00pm	Apr 4 to June 20 Except during school holidays	Register with Carizon Family and Community Services at 519-743-6333, ext. 2322 ext. 2326
<p><u>ENGLISH CONVERSATION CAFE</u></p> <p>Meet new people and practice speaking English. Youth and adults of all ages and language abilities are welcome! Program offered by House of Friendship.</p>	17+	No Charge	Tuesday 6:00-7:30pm	Apr 9 To June 4	Registration Not Required
<p><u>CITIZENSHIP PREPARATION</u></p> <p>Learn the history, geography, culture, and values of Canada, as well as government policies to aid in preparing for the citizenship test. Practice tests will be provided. First half of class will cover a portion of the study guide, second half will go over forms and process, and answer questions.</p> 	ALL AGES	No Charge	Tues 7:00—8:00pm Join every week or drop in. (No Program April 22 & May 20)	Apr 2 to June 4	31168





Youth, Teen and Adult Programs

PROGRAM	AGE	COST	DAY & TIME	START/END	COURSE CODE
<p><u>TEMPER TAMING TOGETHER</u></p> <p>Are you a NEW COMER TO CANADA and have a child or children between the ages of 5 to 12? Do they have Big Emotions that are difficult to manage? As a parent, do you sometimes experience Big Emotions, too?</p> 	All Ages	No Charge	<p>Mon 6:30-7:30pm</p> <p>(No program on Apr 22)</p>	Mar 18 to May 13	33018
<p><u>MIX & MINGLE</u></p> <p>Join your friends and neighbours who are aged 50 and up for a monthly social club. Different activities will happen each monthly session, based on participant desires. Held on the third Wednesday of each month.</p> 	50+	No Charge	<p>Wed (held monthly on the third Wed) 10:00-11:30am</p>	Apr 17 May 15 June 19	No Registration Required
<p><u>RESOURCE CAFE</u></p> <p>Meet new people and join us weekly to break from isolation and discuss issues facing the community. All ages and language abilities are welcome! Program offered by House of Friendship.</p>	17+	No Charge Subsidized program	Thurs 11:00-1:00pm	Apr 4 to May 16	Register with House of Friendship
<p><u>COOKING CLASS</u></p> <p>An interactive class learning together how to prepare various meal ideas.</p>	17+	No Charge Subsidized program	<p>Monday 12-2pm</p> <p>(No program April 22 & May 20)</p>	Apr 8 To May 27	Register with House of Friendship

House of Friendship



*“Building a healthy community where all can **belong and thrive**”*

House of Friendship works with community members to offer programs and support to help build a healthy community and enhance quality of life. We welcome your ideas and involvement. See the program section of this guide for the various programs offered by House of Friendship at Chandler Mowat.

Program Coordinator, Jonathan

519-570-3610 ext.1 / chandlermowat@houseoffriendship.org

Family Outreach Worker

Our outreach workers help low income families find what they need in the **Southwest Kitchener area - Country Hills, Chandler Mowat, Williamsburg Community Centres**. The Family Outreach program is a community based program created to prevent and reduce child poverty in the Waterloo Region. The goal is to assist families with children under 17 that are experiencing low income to access the services they need in their own communities. It is best to make an appointment with one of our outreach workers to ask for help. FamilyOutreach.ca

Outreach Workers

Aline 519-498-7328

Odaly 519-574-6504



Registration for Subsidy

If you require financial subsidy to participate in programs at Chandler Mowat, Please contact the Family Outreach Worker in advance to avoid disappointment.

Neighbourhood Food Program

- * We offer food assistance for Chandler Mowat area residents.
- * Check-in is at 1:30pm and food is offered from 2:00-3:00pm
- * Come with government issued ID and proof of address to register
- * Join us for coffee/tea between 12:00-2:00pm and meet your neighbours

For questions regarding the food program, please contact Jonathan at 519-570-3610 ext. 1.



Bring a

Services

YMCA of Cambridge & Kitchener-Waterloo

Farhia Abdulkadir
Settlement Worker
519-621-1621
Immigrant Services



K-W Multicultural Centre

Hagos Eman
Settlement Worker
519-745-2531
(Bi-lingual in Amharic, Tigrinya
& Arabic)



Ontario Works at CMCC

Meet with an Ontario Works representative for employment and income support at Chandler Mowat Community Centre during their office hours. It is recommended to book an appointment.

Region of Waterloo
Sue Hummel—Caseworker
Phone: 519-883-2101 ext.5646
Email: SHummel@regionofwaterloo.ca



Region of Waterloo

Upcoming Events

CHALKBOARD

Have you seen our new community Chalkboard?



We're so excited to be able to share positivity with our neighbours as they travel past.



SUBSIDY

There is some funding available to help with the cost of active programs run by the N6NA. If you qualify for LAC, you qualify for this! Ask at the front desk.



It's our job to make sure you get the support you need to make great things happen in your neighbourhood.

Don't hesitate to connect with us when you have a project you want to get started on. We're developing new resources, improving programs and removing red tape to make resident-led projects that much easier. It's all part of our Love My Hood vision.

Check out what we're up to. And of course, be in touch!



Join us for our Community Suppers where we gather to enjoy a delicious free meal and engaging conversation. There is always a warm welcome and plenty to eat.

Upcoming Community Suppers are February 23rd, March 30th and April 27th from 5:00 to 6:30 pm.



Centre Services

Leisure Access Card (LAC)

Leisure Access offers financial support for permanent Kitchener residents with low income to help them participate in recreational programs. To avoid disappointment, if you are planning to register for City of Kitchener paid programs using a Leisure Access Card, don't forget to apply well in advance of registration. Leisure Access Card application forms can be found at the centre and online at kitchener.ca.



Inclusion Services Can Help

If you or your child has a disability and requires accommodation to participate, assistance may be available. Requests should be submitted at least two weeks prior to the program start date to allow time to coordinate the accommodation. Please call Inclusion Services staff at 519-741-2200 ext. 7229 or

Public Use Computers

Computers with free internet access are available in the community centre lobby to check your email, print your resume, play games or finish homework. Printing is available for 10 cents a page, and the first ten pages are **free**.

Rental Space Available

Rooms are available for small meetings of 5 or gatherings of 230. We have several meeting rooms, one gym and a kitchen available to meet your needs. Contact our rental coordinator at 519-741-2733 for more information. Be sure to leave the date you are looking for so that we can confirm availability.

Build a Lunch Breakfast Club

Every Wednesday morning from 7:00 to 9:00 am, Build A Lunch Breakfast Club serves a free healthy breakfast for children and their families. All are welcome to enjoy a nutritious breakfast, conversation and laughter as you begin the day. Children will also receive a healthy lunch to take to school. Stop in our your way to school! 